

# 4 WAYS OF LEADING IN THE WORLD

## AS ME

*Life is me*

**Posture:** At one with all  
**Experience:** Peace, spaciousness  
**Beliefs:** There is just oneness. There are no problems, and no one to "solve" them.  
**Key Question:** No more questions – just knowingness  
**Benefits:** Experience oneness & non-dualism. Unlimited freedom & peace.

ONENESS

## THROUGH ME

*I cooperate with life happening*

**Posture:** Co-creator  
**Experience:** Allowing, flow, wonder and awe  
**Beliefs:** I am the source of all meaning I experience. Things are perfect, whole and complete. Life handles all apparent "problems."  
**Key Question:** What wants to happen through me?  
**Benefits:** Non-attachment. Unlimited possibility, plenty of everything

SURRENDER

## TO ME

*Life happens to me*

**Posture:** Victim  
**Experience:** Blaming and complaining  
**Beliefs:** There is a problem. Someone is at fault. Someone should fix this.  
**Key Question:** Why me? Whose fault is this?  
**Benefits:** Experience separateness, drama as entertainment, and adrenaline high. Supports empathy toward others.



## BY ME


*I make life happen*

**Posture:** Creator  
**Experience:** Curiosity, appreciation  
**Beliefs:** Problems are here for me to learn from. I created the problem, so I can solve it.  
**Key Question:** What can I learn? What do I want to create?  
**Benefits:** Personal empowerment. Define your wants & desires.



RESPONSIBILITY

# 4 WAYS OF LEADING IN THE WORLD

	<b>TO ME</b> 	<b>BY ME</b> 	<b>THROUGH ME</b> 	<b>AS ME</b>
<b>MONEY</b>	Scarcity = never enough I work hard to get it My value is attached to it	I want more I can create more It is a measure of my value	It is abundant It is an energy not a thing Measurement is irrelevant	It is just another form It is given and received with freedom and joy
<b>TIME</b>	There is not the right amount I am stressed because of it I'm overwhelmed, busy / bored	I'm in control of my time Time management & systems I use it to do what I want	I have plenty of it There is only now - there is no past or future	I am the source of it It is an illusion - like all other illusions
<b>HAPPINESS</b>	It is a fleeting moment of pleasure (ice cream, vacation, sex). It depends on circumstances	I choose to make myself happy I make happiness if I bring the right ingredients	It is here now It has a deep lasting quality I relax into joy	Happiness is just another state, it is just one of many vibrations passing through
<b>DISCIPLINE</b>	Always too much or too little It's hard; I "should"; "I have to" It is necessary to be good	I choose it (to delay gratification) I use it as a tool to create	It is effortless Having and delaying gratification are equals	Can you find the one who is disciplined?
<b>PURPOSE</b>	What purpose? I should have one and don't I just have roles I play	My purpose I declare it and go out & get it Both takes energy & energizing	Transcendent Purpose No more wanting I receive it through listening	What purpose: Being and purpose are the same Impossible to be off of it
<b>LEADERSHIP</b>	It's a role; I have it or I don't It comes with have-tos, burden and incompetent followers	There are skills/techniques to master which create good or effective leadership	It arises in response to present need; no "one" is the leader in co-creation	There is no one to lead and nowhere to lead to
<b>PREFERENCE</b>	I don't have a right to one or I'm entitled to one Compromise= no one is happy	I value my preference & make it happen; win / win possible Different preferences allowed	I listen for preference and am not attached to the choice I do not give it meaning	Preferences arise without attachment It is based on the present
<b>PARENTING</b>	It's my responsibility; I have to <b>MY</b> children are vessels I put things in (data, values, skills)	Parent and child are equals Children are responsible for their own well being & success	I ask what wants to happen in, as and through this being and our relationship	Who is the parent and who is the child?